



What should you and your family wear? This is a question we hear a lot! We hope that this guide will give you some ideas of how to shop and style your family. If you are on pinterest, be sure to check out our [clothing palette recommendations](#) for where to buy information that is up to date and seasonal.

What you will wear will be dependent on what ages your children are and your own personal style. Generally speaking, it's best that your family wears clothing that goes together but does not 'match.' We find that one or two neutrals with a pop of color works nicely. Below is a great example of clothing ideas of yellow, grey and white - beautiful for spring!



yellow GREY + WHITE

www.littlenestphoto.com

Clothing should fit well and be tailored. Overly baggy clothing will not read well in the images and most likely not be flattering to you or your family. The best tip we can offer is to wear an outfit or colors that you receive a lot of compliments on and that you feel great in.

Shoes: Although you see shoes in this display, we do often we remove shoes, especially children's shoes when wearing a summery outfit. If you do want your shoes to be shown as part of the clothing option please do not wear play sneakers as it will draw your attention downward.

Grooming: Its best not to try out new makeup applications, haircuts or hairstyles the week of your photo session, because you may not feel like the photos look like 'you'. Natural, makeup and hair will translate the best in the images. Don't forget a manicure, especially for a newborn session, because your hands will most likely show.

In addition to a monochrome look, it's also nice to choose two colors and repeat them throughout an outfit selection. For example, the below shades of lilac and blue work together. Other ideas for two-tone clothing might be pinks and browns, blues and greens, or mint and rose for a fun spring or summer look.



lilac BLUE + KHAKE

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You may also want to consider different colors in the same tonal range, such as jewel tones. Coral is popular this season and it looks great with other colors of the same intensity.



coral MAGENTA +VIOLET

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FINAL CLOTHING TIPS

For your maternity session: bring a fitted tank, tube top, or yoga pant • don't worry about stretch marks, we all have 'em and know how to retouch 'em • don't wear anything very tight to the session as it will create extra lines in your belly when you remove the clothing • generally it's best to schedule your session between 34-38 weeks

For your newborn: do bring a plain diaper (if possible), family heirlooms, special blanket or a knitted hat (we like etsy for this) • don't worry about extra outfits, we like newborns au natural • do plan to be in a few photos, your baby will appreciate it later • bring an extra outfit for yourself, especially if you are going somewhere afterwards as accidents do happen.

For your baby: feel free to bring an outfit or two, but we love babies up to one year old in a diaper • if your baby girl is crawling a short dress and bloomer works well so she can still scoot around • if you would like a birthday cake session, we find that white cake and neutral icing works well. and please do come prepared with a towel and plenty of wipes!

For your children: do avoid logos or graphics that will date your photos • we prefer that kids arrive tattoo free, as these can be difficult to retouch • please do to bring an ipod with your child's favorite music on it • make sure your children have the same level of formality in their clothing. for example, one child should not be in a fancy dress and the other child in a play t-shirt.

For your teen or tween: do encourage your teen or tween to bring props, music, sports accessories, skateboards or anything else that will make the session feel more personal • braces can be removed in retouching for any orders placed so encourage your child to smile naturally • if you get into an outfit argument at home, do bring several options and let the photographer choose • do let your child know it won't be cheesy. promise.

For your family: Be sure to look like you go together, but it is not necessary to match exactly • light patterns are ok, but logos and heavy patterns typically do not work well • tailored, flattering clothing is best • wear colors that compliment your family's coloring, for example pastels on pale skin can sometimes wash out • if you are not sure, feel free to bring in some options before the session and we are happy to take a look for you! • if you lay out all your options one a bed and one piece looks like it does not go, or is significantly brighter than the rest of the items, replace that piece with something else

Notes/ideas:
